Serving the U.S. Army Community in Hawaii \* www.hawaiiarmyweekly.com



Command Sgt. Maj. Jesus Ruiz (left), senior enlisted leader, 25th CAB, 25th ID, talks to Spc. Gregory Waggoner, 3-158th Avn. Regt., 25th CAB, during PRT training at Forward Operating Shindand, Afghanistan, Sept. 11.

### 'Pathfinders' help train Afghan unit

### PRTs arrive first on scene of aircraft incidents

Story and photos by **CAPT. RICHARD BARKER** 

25th Combat Aviation Brigade Public Affairs 25th Infantry Division

FORWARD OPERATING SHINDAND, Afghanistan — Pathfinders from Company F, 2nd Battalion, 25th Aviation Regiment, 25th Combat Avn. Brigade, 25th Infantry Division, trained a battalion of Soldiers how to operate a newly formed Personnel Recovery Team, or PRT, here, recently.

The Soldiers, who belong to the 3rd Battalion, 158th Avn. Regiment, were recently attached to 25th CAB's "Task Force Storm" when its parent unit, 12th CAB, redeployed to its home station in Germany.

"We immediately began working with Task Force Storm to build a responsive and capable PRT to respond to any downed aircraft event across the wide expanse of terrain in Regional Command-West," said Col. Frank Tate, commander, 25th CAB.

A PRT is the first element to arrive at a scene in the event of an aircraft crash or forced landing. The team provides security and emergency medical care, when necessary, and recovers personnel.

sets up particular distribution in the event of an aircraft crash or forced landing z missions.

The PR all comparation is sets up particular distribution in the event of an aircraft crash or forced landing z missions.

"It is important for all aviation units to have their own Personal Recovery Team, so they can secure their own downed pilots," said Staff Sgt. David Taber, senior Pathfinder instructor, F/2-25th CAB.

Taber was selected to advise and assist in the team's development.

"Never leave a fallen comrade is part of the words we live by," Taber said.

As a Pathfinder, Taber infiltrates areas and



Spc. Enrique Marquez (right), Personnel Recovery Team member, 3-158th Avn. Regt., 25th CAB, 25th ID, monitors vital signs of Col. Frank Tate (on ground), commander, 25th CAB, and a simulated medical patient, during PRT training at Forward Operating Shindand, Afghanistan, Sept. 11.

sets up parachute drop zones and helicopter landing zones for airborne and air assault

The PRT consists mainly of volunteers from all companies within TF Storm. While the Soldiers on the team all had their own reasons for volunteering, most of them followed a similar theme.

"If we can do more than our given jobs to contribute to the team, then that's what being a Soldier is all about," said Staff Sgt. Christopher Greer, noncommissioned officer in charge, PRT and career counselor for Headquarters and Headquarters Co., 3-158th Avn. Rept.

"I think this is a great opportunity for 25th CAB to come down and support us," Greer added. "The visit has been very motivational, and it feels good to know we have higher support."

Spc. Nicholas Ketchum, aircraft power-train repairer, Co. D, 3-158th Avn. Regt., volunteered for the team.

"This is something not everyone gets a chance to do," Ketchum said. "It's important because we have the potential to save lives."

#### RELATED STORIES

•See more deployed forces, A-3.

### TAMC EO event reminds all to be proud of their heritage



Sgt. Kris Concepcion (left), Veterinary Services, PRMC, and Sgt. Jason Brauer, Dept. of Radiology, TAMC, demonstrate Brazilian jiujitsu at TAMC's Hispanic Heritage Month observance, Sept. 20.

#### Story and photo by STEPHANIE BRYANT

Tripler Army Medical Center Public Affairs

HONOLULU — Tripler Army Medical Center's Hispanic Heritage Month observance filled Kyser Auditorium, here, Sept. 20.

The annual observance, which runs Sept. 15-Oct. 15, celebrates the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America.

TAMC Soldiers — Sgt. Kris Concepcion, Veterinary Services, Pacific Regional Veterinary Command, and Sgt. Jason Brauer, Department of Radiology, TAMC — demonstrated Brazilian jiujitsu, a martial art, combat sport and self-defense system that focuses on grappling and ground fighting.

See HERITAGE A-6

### Units to run their own barracks

Leaders hope the transition improves quality of life, military culture for Soldiers

#### **EVAN DYSON**

U.S. Army Installation Management Command

SAN ANTONIO — Changes are coming to the way barracks are run at installations.

Mission units will now handle the daily operation of the quarters where their Soldiers reside, thanks to a joint effort of the Installation Management Command, or IMCOM, and the Office of the Assistant Chief of Staff for Installation Management, or OACSIM.

The First Sergeants Barracks Program 2020 is designed to give units resources, training and responsibility while ensuring the quality of life standards established by IMCOM are met.

Previously, garrisons directly controlled the barracks and were responsible for room assignments and maintenance of the facilities. Under FSBP 2020, mission units will provide room assignments, and Soldiers will identify issues and inefficiencies in a more direct manner to their leadership, while ensuring consistency across the Army.

FSBP 2020 builds upon three core principles: supporting the mission, taking care of Soldiers and using resources wisely, said Suzanne Harrison, acting chief, Army Housing Division, OACSIM.

"It also allows us to fulfill our commitment to the Army Family Covenant (the Army's formal commitment to Soldiers and their families), by taking care of Soldiers," Harrison explained. "It gives us the structure to do that and the commitment across the Army, (as it's) not just an installation function.

See BARRACKS A-6

### ACAP changes make a Soldier's transition easier

KATIE NELSON Army News Service

WASHINGTON — The president announced in June an initiative to expand programs designed to prepare service members for leaving the military, but before those initiatives were announced, the Army was already at work making improvements to the Army Career and Alumni Program, or ACAP.

ACAP is designed to help Soldiers transitioning back into civilian life.

Designed in 1991, ACAP aims to reduce veteran unemployment and helps troops adjust to life outside of the Army.

Recently, ACAP coordinators decided to make some changes to help more Soldiers be successful after leaving the military by tailoring the program to meet each Soldier's unique needs.

"The ACAP program is flexible, so we can better prepare Soldiers for their transition back into the civil society," said Walter Herd, director of the Army Transition Office. Some of the additions the Army has made to

ACAP include individual counseling, a financial planning seminar, a veterans' benefits workshop and an expanded employment workshop.

Another improvement, Soldiers will begin the

transition process 12 to 18 months prior to leaving the Army, giving them ample time to prepare for their transition to civilian life.

"We have adjusted our program so that Soldiers

can begin the transition early," Herd said. "That allows Soldiers to be better prepared, to get enrolled (in college), apply for scholarships and create and distribute a better resume."

Another improvement in the program is the

See ACAP A-6

#### 'Gimlets' train at PTA | A-3

1-21st Infantry participates in live-fire exercise.

#### Army, Navy unite | A-5

84th Engineers tackle construction project with Sailors.

#### Money problems? | B-1

Financial Readiness can help Soldiers and their families avoid financial pitfalls.

### Fort Shafter Slugger B-5

196th Infantry sergeant first class leads All-Army softball team to victory.



#### We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army or ganizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3156, or e-mail editor@ hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines

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#### 66 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 09/28/12.



Photo courtesy of 18th Medical Command (Direct Support)

NCOs with the MEDCOM (DS) talk Soldiers through physical and mental challenges.

### Leaders must enforce regulations, standards

SGT. MAJ. HENRY CHAPMAN Operations, 18th Medical Command

I remember when joining the Army 20  $\,$ or so years ago, noncommissioned officers carried leader books with Soldier data cards and family information.

However, after 9/11, the Army became so good at deploying Soldiers, equipment and units, that leader books have gotten away from this "garrison Army."



and it starts with you. No matter

what buzzword you use — "garrison leadership," "back to basics," "muddy boot leadership" or "oak tree counseling," getting back to basics means one thing: engaged leaders!

One of the key elements of basic leadership engagement is sponsorship.

According to Army Regulation 600-8-8, "The Total Army Sponsorship Program," sponsorship establishes trust between junior Soldiers and leaders.

As soon as Soldiers and NCOs make contact, whether in person or via long distance, bonds are established. Only then will Soldiers start to feel at ease with their ensuing transition.

Sponsorship when done right assures Soldiers that their NCOs care.

In the 18th Medical Command (Direct Support), sponsorship begins when Sol-

diers are identified on the gains roster. The unit then sends an email to incoming Soldiers that identifies their sponsor. Sponsors make telephonic contact with incoming Soldiers within three-five days to get initial background information and answer any questions.

Upon arrival, sponsors meet incoming Soldiers and their families; however, sponsorship doesn't stop when families have been dropped off at a hotel. Sponsorship continues through orientation and in-processing.

Another key element of basic leadership engagement is enforcing Army standards. Enforcing Army standards takes competence and understanding of regulatory guidance. Engaged leaders accept the challenges of educating themselves and drilling down into the spirit of regulatory guidance so that they can articulate the guidance with accuracy.

For example, the 18th MEDCOM is incorporating the Army's new physical readiness training manual, Training Circular 3-22.20. NCOs need to look at the manual, recognize the changes and en-

As engaged leaders, we must ensure all training is conducted in accordance with AR 350-1, "Army Training and Leader Development." Only through engaged leadership can we educate and train tomorrow's future leaders.

Remember, it is not OK to say or think, "Do as I say, not as I do." The proper mindset must be, "Watch me and do as I

My name is Chapman and I am a

### Trust, hope, all keys to stopping suicide

WAYNE HANKAMMER

Suicide Prevention Program Manager, U.S. Army-Pacific

FORT SHAFTER — Imagine a wooden stool as our suicide prevention

This stool will need solid legs to support it, as each leg relates to the other, and the stool is useless without its parts.

Our stool's legs are trust, anti-stigma and hope.

•Trust. The product of the bond that is not betrayed by another is called

Trust is a bedrock of any relationship, including the relationship be tween the Army and its Soldiers. Without trust, fear can lead to breakdowns, like suicide.

Soldiers must trust their leaders and peers to treat them with dignity and respect. Beating back the barriers to talking about suicide starts dialog and builds trust. •Anti-stigma. A stigma-free environment is key in the Army's suicide

prevention campaign. To eradicate stigma, the phrase "committed sui-

cide" needs to be replaced by "died by suicide." This change is designed to remove the shaming attitudes, language and policies embedded in our culture. •Hope. Instilling hope completes our stool. Suicide is a choice made by human beings who are in despair and can no longer bear the pain of

existence. They can no longer find a hopeful solution for an interminable situation. They have lost hope. One way to instill hope is to remember the acronym "ACE," which

stands for "Ask, Care, Escort." •Ask battle buddies if they have suicidal thoughts.

•Care for battle buddies by understanding that they may be in pain. •Escort battle buddies immediately to your chain of command, chaplain or behavioral health professional.

ACE is a peer-based suicide intervention program, founded on the assumption that Soldiers know each other best and understand and relate to common experiences.

ACE, along with our wooden stool, is designed to instill hope in Sol-

Trust needs to be built, stigma defeated and empathy extended to reinforce our Soldiers' innate dignity and respect.

This empathy might just instill the connection and hope a suicidal person needs.

Distress can lead to the development of unhealthy behaviors. People closest to a Soldier (fellow Soldiers, family, friends) are in the best position to recognize changes due to distress and to pro-

Look for these signs:

**WARNING SIGNS** 

- •Comments that suggest thoughts or plans of suicide.
- Rehearsal of suicidal acts.
- •Giving away possessions.
- Obsession with death, dying and the like. •Uncharacteristic behaviors, such as reckless driving, excessive
- drinking or stealing.
- •Significant change in performance.
- •Appearing overwhelmed by recent stressor(s).
- •Depressed mood or hopelessness.
- •Withdrawal from social activities.

(Editor's note: Information was extracted from "A Leader's Guide to Suicide Prevention," a brochure created by the U.S. Army Public Health Command. Download this brochure and other free suicide prevention materials at http://phc.amedd.army.mil and click on "Health Information Products e-catalog, "or call (800) 222-9698.)

### Chapel community gives back to Fisher House, agencies

CHAPLAIN (MAJ.) STEPHEN BROADUS Chaplain Resource Manager, U.S. Army Garrison-Hawaii

I had two enjoyable months in July and August as the chaplain resource manager for U.S. Army Garrison-Hawaii.

This glee is not always the case since part of my job is to inform people that money is not available or that their request is not per-

I supervise the management of the money that comes in through the chapel offerings during worship services. Expenditures of

these monies have rules and regulations by which people must abide. Therefore, when I give my approval to allocate monies, people love me, but when I don't ... well, you get the picture.

But thanks to the generosity of our Soldiers and their families, the chapel community has given me a great opportunity to truly enjoy my job. You see, the garrison chaplain, Chaplain (Col.) Peter Mueller, has designated the fourth quarter of this fiscal year as Chapel Community Outreach because the parishioners of the chapel community have provided so faithfully.

USAG-HI's chapels have given more than \$25,000 during the months of July and August to charitable

"I encourage everyone to give wherever God has placed you. It may be of your time, your talent or even finances."

Chaplain (Maj.) Stephen Broadus Chaplain resource manager, USAG-HI



organizations within the Oahu community.

I can't tell you how much fun it is to take checks to Fisher House (at Tripler Army Medical Center), the Rescue Mission and the Salvation Army and put money into our Operation Helping Hand.

People ask frequently what is done with the money that is given on Sunday morning. Well, we give mon-

Last year, the Chaplain's Tithes and Offering Fund gave away more than \$100,000!

The chapel community is not done. This week we are taking offerings for the Food Bank of Hawaii, and more offerings are to come in the new fiscal year. I can't wait to take the check to the Food Bank of Hawaii.

give this money away. I think it is important for the staff to see the faces of those we give to every time we have this opportunity. We could mail it, but where would the fun be in that?

I have heard many times that it is better to give than receive, but this is an opportunity for me to see it firsthand. I encourage everyone to give wherever God has placed you. It may be of your time, your talent or even finances. I ask all of you to give, so you can be as blessed as I have been in the last couple

My fund manager and clerk all go to

If you asked me, "What is the most enjoyable part of your job?" I would answer that it is the opportunity to give a check to a charity or humanitarian organization on behalf of the Army chapel family.

I want to say thank you to all those who have given in the chapel offerings, so I get to have so much fun! Every time I get this opportunity, I never forget to mention funds are from Soldiers and their families and just a token of our appreciation for all that charitable organizations do for those around us who are less for-

May you give even more this week than last.

#### "Being able to "Being able to "Exercising and

Child Health Day is Oct. 1.

"What does being healthy mean to you?"

Photos by 311th Signal Command (Theater) Public Affairs



play sports and not doing drugs or smoking cigarettes. Also, being able to climb Koko Head."

Chevelle Baker



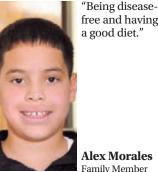
play sports, not getting sick so I can go to school, not doing drugs and being able to climb Diamond Head."

Tamara Baker Family Member



eating fruits and vegetables.'

Elaina Doliboa Family Member



free and having a good diet."



and noodles."

"Eating vegetables

**Alex Morales** 

Brian Stetz

Family Member



Spc. Adrian Real, A/1-21st Inf. Regt., opens the rear hatch of a mount-



Photos by Air Force Tech. Sgt. Michael Holzworth | Defense Media Activity Hawaii News Bureau

POHAKULOA TRAINING AREA, Hawaii — Soldiers from Company A, 1st Battalion, 21st Infantry Regiment, "Gimlets," 2nd Stryker Brigade Combat Team, 25th Infantry Division, hang a 120 mm mortar round from a mounted mortar carrier during a live-fire exercise, here, Sept. 20. The Gimlets are conducting a month-long exercise that will culminate in a combined arms live-fire exercise.



Soldiers with A/1-21st Inf. Regt. focus on platoon-level training.



Pfc. Jeremy Franklin (left) and Spc. Adrian Real, both with A/1-21st Inf. Regt., shield their ears as they fire a 120 mm mortar round from a mounted mortar carrier.

#### DEPLOYED FORCES

### 25th CAB oversees Afghan Pathfinder Partnership Academy

#### Training Afghans as instructors aids ultimate goal of change for the best

Story and photo by

CAPT. RICHARD BARKER

25th Combat Aviation Brigade Public Affairs, 25th Infantry Division

FORWARD OPERATING BASE WOLVERINE, Afghanistan — Eight Afghan Soldiers of the Afghan Pathfinder Platoon, 4th Kandak, 2nd Brigade, 205th Corps, graduated from the third Afghanistan Pathfinder Partnership Academy, here, Sept.

Infantry Division, and Col. Barat, commander, 4th/2-205th, presented certificates to the graduates.

U.S. Army Pathfinders from Company F, 2nd Battalion, 25th Avn. Regiment, 25th CAB, supervised the course while Afghan instructors taught hands-on training and most of the classroom

Afghan instructors are graduates of previous Pathfinder academies.

"The Afghan instructors were able to teach many portions of the course without any supervision, which is the ultimate goal we are reaching toward," said Sgt. 1st Class John Jackson, F/2-25th CAB and supervising instructor, 3rd Afghanistan Pathfinder Partnership Academy,

Sgt. Hussain, 4th/2-205th Corps, a graduate of the second

Pathfinder Academy, explained why he volunteered to be an

"I came back because I wanted to help our own soldiers with the ultimate goal of changing Afghanistan for the best in the future,'

Jackson added that, with the addition of Afghan instructors, the course has improved in ways that are a direct benefit to Afghan soldiers in the course.

'We have learned lessons from previous courses about what the Afghan soldiers need and how they learn, which has allowed us to adapt to better meet their needs," Jackson said.

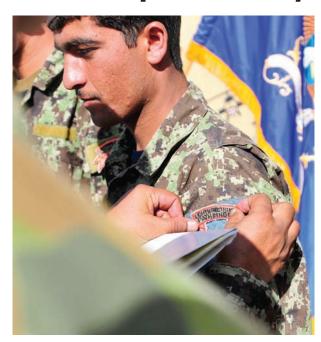
"There was plenty of experience we gained in this course, which Col. Frank Tate, commander, 25th Combat Aviation Bde., 25th we will be using right away, such as order of movement and air assaults," said graduate Sgt. Sultan-Alie, 4th/2-205th Corps.

> Hussain echoed Sultan's comments regarding the necessary capability to perform air assaults.

"With this training, our soldiers can now do air assault operations and really take a part in contributing to the safety and security of our country," Hussain said.

Besides learning about air assault operations, Afghan soldiers learned about sling load operations, medical lifesaving skills, tactical site exploitation and order of movement operations.

Pathfinders navigate their way through foreign terrain and establish safe landing zones for airborne and air assault Soldiers or Army aircraft. They can also parachute into remote areas, navigate their way to unobstructed locations and then relay those coordinates back to a command center.



A Pathfinder from F/2-25th CAB gives an Afghan soldier with the Pathfinder Platoon, 4th Kandak, 2/205th Corps, his ranger tab during a graduation ceremony from the Afghanistan Pathfinder Partnership Academy at Forward Operating Base Wolverine, Sept. 12.

### **USARPAC CCP** deploys to Tonga for 'Coral Reef'

#### Humanitarian aid, disaster relief, joint training among deliverables

U.S. ARMY-PACIFIC

FORT SHAFTER - The U.S. Army Pacific Contingency Command Post, or CCP, and members of the 311th Signal Command and 25th Infantry Division deployed to Tonga, Sept. 21, to support operation "Coral Reef," a weeklong exercise.

The multinational, combined, joint exercise involved members of the military of Australia, New Zealand, the Kingdom of Tonga and the U.S.

This exercise is designed to validate US-ARPAC's contingency capabilities. An added benefit of the training is the opportunity to participate in humanitarian assistance, disaster relief and combat skills training.

"This is a great opportunity for the CCP to test our capability and also learn from our Pacific partners, something we can't duplicate practicing ... by ourselves here in Hawaii," said Maj. Curtis Armstrong, exercise planner, Coral Reef.

Prior to deploying, CCP personnel practiced their alert and deployment procedures, here. Personnel with Headquarters and Headquarters Battalion, USARPAC, exercised their ability to get CCP personnel and equipment to Joint Base Pearl Harbor-Hickam, so they could depart for Talia Military Camp, Tonga, on a C-17 aircraft.

Once deployed, members of the 311th Sig. Cmd. provided enhanced communications capability, and Soldiers from the 25th ID Quick Reaction Force, or QRF, provided security. This mission was the first time 25th ID Soldiers had exercised a security mission with USARPAC's CCP.

"During a real-world event, the 25th ID QRF would be tasked with providing a security team," said Sgt. Maj. Christopher Grant, CCP. "But, as there is no need for security during the exercise, we worked it out so the 25th Soldiers can conduct combat skills training with a group of Tongan soldiers who are heading to Afghanistan soon.



Mai. Edward Hooks | U.S. Army-Pacific Public Affairs

Staff Sgt. Ryan Testoni (kneeling), squad leader, 1st Battalion, 14th Infantry Regiment, 2nd Stryker Brigade Combat Team, 25th ID, discusses tactics with soldiers of the Tonga Defense Force during Military Operations in Urban Terrain training at Taliai Military Camp in Tonga, Sept. 24, as part of operation Coral Reef.

"This allows them to ensure that they get their ducks in a row for a deployment with the CCP, while simultaneously assisting their Tongan counterparts in preparing for their wartime mission," Grant added.

Also, the CCP executed conduct assessments on infrastructure in Tonga, particularly the ports,

as well as health and medical assessments.

The purpose of the CCP is to be the first-responder unit in the Pacific if a nation requests U.S. support for disaster relief or humanitarian assistance. This contingent can deploy anywhere in the Pacific within 24 hours.

Pacific region, the CCP often focuses on smallscale contingencies, such as supporting humanitarian assistance and disaster relief operations.

It's a flexible organization that can tailor personnel and equipment to fit a multitude of missions, with teams ranging from seven personnel Due to the frequency of natural disasters in the to more than 120 service members.

### 8th TSC preserves equipment with corrosion prevention

Story and photos by **SGT. GAELEN LOWERS** 

8th Theater Sustainment Command Public Affairs

FORT SHAFTER — Hawaii is considered a level-four corrosive zone, which is the worst on

For this reason, corrosion prevention training is a high priority for the Army and its units here in Oahu.

"A tremendous amount of money gets put into

corrosion prevention, and after we go through this training, we will be able to train other Soldiers in corrosion prevention, which will ultimately save the unit and big Army money," said Sgt. 1st Class Steven Davis, corrosion coordinator, 8th Theater Sustainment Command.

And save money it will. In fact, in 1992, the Army was spending more than \$10.3 million a year in equipment repair, said Richard Moran, site manager for corrosion prevention and control, 8th TSC.

"Corrosion prevention is an 8-to-1 cost avoidance," Moran said. "That means, for every buck we invest in corrosion prevention, we save \$8 in repair and replacement costs."

The reason for excessive corrosion is Hawaii's highly volatile atmosphere, Moran said. The rainfall in Hawaii measures at a 4.5 pH, which is acid rain. That, combined with the 13.5 metric tons of sulfuric dioxide the islands receive per day and the chlorides from the oceans, produces a recipe

"The chlorides and sulfuric dioxide combine to make a super electrolyte that causes the destruction of metals," Moran said. "Chlorides travel 35 miles inland, and on big surf days, you can see salt in the atmosphere. That combined with the sulfuric dioxides that are all over the equipment costs the taxpayer big money.'

But the 8th TSC is working toward preventing the high costs of repairs by holding corrosion

"It takes operators back to basics when they were in charge of corrosion and maintenance,' Davis said. "It reminds Soldiers to take ownership of their equipment. The goal is to have each individual unit have a corrosive prevention coordinator."

More than \$1 million worth of equipment is used by the 8th Special Troops Battalion, 8th TSC, alone, Davis said. The equipment is designed to withstand whatever the mission calls for, which includes romps in seawater and other highly corrosive areas.

"But the days to losing it to corrosion are long past, because now we are responsible for the cost of keeping the equipment," Moran said.



Sgt. Ulysses Fulton, motorpool sergeant, 8th STB, 8th TSC, inspects corrosion prevention equipment

"The biggest challenge of this program is keeping Soldiers invested. It takes three months to properly train someone to spray a piece of equipment, and with the high turnover of Soldiers in the area, it's tough to keep Soldiers around with the proper know-how."

The 8th TSC said it plans to keep one to two personnel in every unit with corrosion prevention training under their belt. These trained Soldiers can train other Soldiers, and by doing so will keep the program alive — much like corrosion prevention does for their equipment.



Richard Moran (right), site manager for corrosion prevention and control, discusses corrosion prevention with Soldiers of the 8th STB, 8th TSC, at Fort Shafter, Sept. 17.

### 84th Eng. train on Sailors' construction methods



Navy Lt. Shannon Wright (front, left) conducts Navy physical training with Soldiers of the 84th Eng. Bn., 130th Eng. Bde., 8th TSC, at Schofield Barracks, recently.

#### Platoon leaders to use Navy-style managment during next deployment

Story and photo by **2ND LT. CAROLYN JOHNSON** 

84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command

SCHOFIELD BARRACKS — When Soldiers of the 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, deploy early next year, they will work side-by-side with Sailors.

Throughout the deployment, the 84th Eng. Bn. will still maintain its traditions and daily operations, but will adapt to the 30th Navy Construction Regiment's methods of construction, reporting and construction standards.

"Integrating the Navy's construction process with the Army's is a continuous learning process," said 2nd Lt. Josephine Kim, horizontal platoon leader, 84th Eng. Bn.

Part of that learning process involved platoon leaders attending the Construction Leader Certification Course, here, recently.

"I think that the Navy puts a much greater emphasis on project management than we do, and the Navy spends more time focusing on the details," said 1st Lt. Nick Reisweber, vertical platoon leader, 84th Eng. Bn. "The course allowed us to see how much work we have to do to compete at their level. With proper training of our squad leaders, we too can perform at that level, if not better."

Battalion Soldiers constructed a concrete masonry unit, here, during a training exercise.

Platoons experienced long work hours, operated heavy construction equipment and adapted to the Navy's construction process.

"After successful project completion, platoon leaders will be certified on the upcoming mission demands," said Capt. Jonathan Browning, head planner, Construction Leader Certification Course, adding that the certification guarantees they are meeting the design, construction and reporting standards as outlined by the 30th NCR.

"The project management styles between the branches are very different," said 1st Lt. Andrew Cammack, coordinator of the Construction Leader Certification Course. "To take on this mission will require a major shift in our planning and execution of construction.

"Change like this is always painful at first," he continued, "but we'll see the fruits of our work a few months into the deployment. Understanding the Navy's style of project management is only going to help us be more effective in our missions."

#### **News Briefs**

Send announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

#### **Today**

**Gate Closures** — The Directorate of Emergency Services, or DES, is implementing new gate restrictions to help alleviate traffic congestion from the Wahiawa Bridge closure.

•McNair Gate will be closed to traffic coming from Honolulu and from turning left into McNair Gate from 5-7:30 a.m. and from 4-6:30 p.m., weekdays.

•McNair Gate's outbound lane turning left toward North Shore will be closed from 5-7:30 a.m. and from 4-6:30 p.m., weekdays.

•Macomb Gate's outbound lane turning right toward Honolulu will be closed from 4-6:30 p.m., weekdays.

These specific lane closures are being instituted to help alleviate traffic congestion on Wilikina Drive while still providing access from Schofield Barracks to Honolulu and North Shore.

The Honolulu Police Department will continue to remain at key intersections during peak times to facilitate traffic flow. For details, call DES Operations at 656-0524.

#### 29 / Saturday

National Take Back Initiative — Turn in your unused or expired medications for safe, anonymous disposal, 10 a.m.-2 p.m., Sept. 29, at the Schofield Exchange, near the Flower Shon.

Other NTBI locations include the Pearl Harbor Navy Exchange main lobby, Mililani Town Center's bandstand area and Hawaii State Capitol's South King Street side.

#### 30 / Sunday

Gold Star Mother's Day — Gold Star mothers and family members will present a Lei of Honor and Remembrance ceremony at the base of the Lady Columbia statue, 11 a.m., Sept. 30, at Punchbowl cemetery as part of the national Gold Star Mother's Day observance.

A blessing ceremony and words of remembrance will be provided. The public is invited. Call 438-9285.

#### October

#### 3 / Wednesday

**Hispanic Heritage Month** — "Diversity United: Building America's Future Today" is the theme for this observance, 10 a.m.-noon, Oct. 3, at Sgt. Smith Theater, Schofield Barracks.

Daniel Martinez, chief historian for the World War II Valor in the Pacific National Monument at the USS Arizona Memorial, is the scheduled keynote speaker.

This event is hosted by 130th Engineer Brigade, 25th Infantry Division, Team EO and EEO Hawaii. Call 655-4545.

**Medal of Honor Remembrance** — Join more than 50 Medal of Honor recipients, local military and veterans, 10:30 a.m.-noon, Oct. 3, at the National Memorial Cemetery of the Pacific for a ceremony remembering 32 of America's bravest heroes who are interred at the cemetery.

Living medal recipients will dedicate a memorial stone at the ceremony. Local veterans groups are invited to participate in a wreath-laying ceremony as part of the dedication. For details, visit info@medalofhonorconven tion2012.com or www.MedalofHonorConven tion2012.com. This event is free and open to the public.

#### 6 / Saturday

Retiree Appreciation Day — Maj. Gen. Kurt Fuller, commanding general, 25th Infantry Division, will provide opening remarks at Retiree Appreciation Day, 8 a.m.-1 p.m., Oct. 6, at the Nehelani, Schofield Barracks. Interactive presentations on health education and the Army Emergency Relief program are scheduled. Call the Retirement Services Office at 655-1514/1585.

Medal of Honor — Tickets can be purchased now for the 2012 Medal of Honor Convention. More than 50 Medal of Honor recipients will be available for a book signing, open to the public. Tickets are \$20 and can be purchased at www.MedalofHonorConvention2012.com.

Signing sessions are 9-11 a.m. and 11 a.m.-1 p.m., Oct. 6, at the Hale Koa Hotel in Waikiki.

Only 500 tickets for each session will be sold. Tickets will not be sold at the door.

### Barracks: NCOs to be centerpiece of plan

CONTINUED FROM A-1

... FSBP 2020 is a total Army effort."

The program was developed, with the endorsement of the chief of staff of the Army, to clarify roles and responsibilities at the garrisons, and by the mission units, according to Harrison.

Through FSBP 2020, mission units will be the face of operations for their barracks.

"(The program is) creating this partnership between the military unit, the housing professionals and the directorate of Public Works staff," Harrison said.

NCO leadership is particularly important to the program's success. The management of an average brigade-size barracks will require five mission unit Soldiers and one Army civilian, according to estimates. Housing staff at the garrison will provide on-

the-job training and mentorship to those new to managing barracks.

"The Installation Management Command is committed to making sure that they provide the needed program oversight and training that goes along with executing the program for the military unit," Harrison said.

Organizers hope this transition will strengthen the military culture in the barracks by having NCOs involved in daily operations.

Local housing offices will help first sergeants with any questions about FSBP 2020, according to Shenise Foster, liaison, OACSIM, Army Housing Division.

Although there will be a change in responsibility, organizers say, the Army's commitment to providing a quality unaccompanied housing program to Soldiers around the world will remain intact.



**Dino Buchanan** | U.S. Army Corps of Engineers-Honolulu District Public Affairs

Under the new FSBP 2020 program, NCOs will run the daily operations of barracks Armywide, such as these enlisted barracks at Schofield Barracks.

## Heritage: Keynote speaker shares personal struggle of self-awareness

CONTINUED FROM A-1

Sgt. Margaret Jordan, executive aide to Command Sgt. Maj. William Franklin, senior enlisted leader, Pacific Regional Medical Command, was guest speaker.

Jordan, who is of Mexican heritage, said she was deeply humbled by the invitation to speak. She shared her own personal identity struggle as she was growing up in Southern California.

"It was at a time when I was becoming socially aware, about the age of 7, and I had this misconceived notion about ethnicity," Jordan said. "What I was doing, and what I found was pretty prevalent among my friends, was claiming that I was Spanish. I had this notion that if I convinced others I was of European descent, then I could somehow justify my Hispanic roots."

She admitted that, while on her path to self-acceptance, she would get frustrated with people when they asked about her background.

"I was angry that people would presume to judge me based off of my ethnicity, like I had nothing else to offer more than where my people came from," Jordan explained. "It never occurred

to me that people were genuinely interested in who I was or where I came from."

It was not until her daughter was born that lorden

It was not until her daughter was born that Jordan realized she needed to re-evaluate her self-image and question her attitude.

"I needed to set an example and embrace a healthy attitude about who I was and what that meant," Jordan said. "I am an American."

dan said. "I am an American."

Jordan reminded everyone that America is the most diverse nation in the world, and she is proud of

Col. Glenda Lock, deputy commander of nursing, PRMC and TAMC, closed out the celebration by

stressing the importance of diversity in our nation.

Lock said that the strength of our nation and of its humanity is that we embrace diversity.

"We need to embrace our differences," Lock said.

# ACAP: Program adds individual counseling, financial planning

CONTINUED FROM A-1

in a college or trade school.

flexibility of transition support and aid. About 125,000 Soldiers transition out of the Army each year. Those Soldiers move into either Reserve component or civilian status. Historically, about twothirds of transitioning Soldiers enter the workforce and the remaining third enroll

Although support for military personnel entering these fields existed in the old ACAP program, the updated program exposes Soldiers to more resources, especially those in the Reserves.

The Army is currently piloting transition assistance and transition counseling for eligible Army personnel. The objective of the pilot is to assess the ability to implement the recently enacted Veterans Opportunity to Work, or VOW, Act transition requirements.

VOW mandates that, starting Nov. 21, all Soldiers separating from an active duty tour of 180 days or greater will participate in the Transition Assistance Program, or TAP.

VOW was created to help veterans gain marketable skills to more easily find a job. Hence, all separating Soldiers will attend pre-separation counseling, a Veterans Affairs benefits briefing and a Department of Labor employment workshop.

"Soldiers will be equipped with the tools and support necessary to make a smooth transition into civilian life," said Charlene Shelton, manager, Transition Services, ACAP, Directorate of Human Resources, U.S. Army Garrison-Hawaii. "The goal is to have separating Soldiers be career-ready for civilian employment.

"VOW is important because it is a concerted effort to reduce the unemployment costs for the Department of Defense," Shelton added. "The unemployment rate for younger veterans is above the national average. The new transition curriculum created by an interagency task force will cover financial planning, resume preparation, interviewing, salary negotiation skills, education planning, entrepreneurial planning and dealing with family adjustment."

Shelton said that while she expects a significant increase of clientele during

"Soldiers will be equipped with the tools and support necessary to make a smooth transition into civilian life."

— **Charlene Shelton** Manager, ACAP, DHR, USAG-HI

fiscal years 13 and 14, the ACAP Center location will remain at Schofield Barracks' Soldier Support Center. The number of classes will be doubled with TAP workshops and VA briefings being held concurrently at the ACAP Center and the Schofield Barracks Education Center,

Units stationed in South Oahu can use a satellite office that will be operational at Fort Shafter, Nov. 21, with limited services. Services will include a small computer lab and two ACAP counselors. Workshops will also be offered when classroom space is available at Fort Shafter. VA counseling and financial planning services will be available a few times per month.

Besides providing transition services, VOW expands education and training opportunities for veterans and provides tax credits for employers who hire veterans with service-connected disabilities.

(Editor's Note: USAG-HI Public Affairs contributed to this article.)

#### **ACAP Resources**

Soldiers can receive one-on-one counseling on their transitional needs by calling ACAP's 24/7 call center service at (800) 325-4715 or by emailing acap.callcenter@serco-na.com.

Soldiers can use the online service to complete their mandatory pre-separation briefing on the ACAP homepage; visit www.acap.army.mil.

#### Army Career and Alumni Program

ACAP's mission is to deliver a world-class transition program for America's Army that empowers members to make informed career decisions through benefits counseling and employment assistance.

Retirees and Army civilians, as well as spouses of transitioning Soldiers, can use ACAP services.

The Schofield Barracks ACAP is lo-

cated in the Soldier Support Center, Bldg. 750, Room 134.

Hours of operation follow:
•7:30 a.m.-4 p.m., Mondays, Tues-

days, Wednesdays and Fridays.

•10 a.m.-4 p.m., Thursdays.

www.garrison.hawaii.army.mil/acap or www.facebook.com/SchofieldBar racksACAP or call 655-1028.



Sgt. Vanessa Atchley | 3rd Brigade Combat Team, 25th Infantry Division

SCHOFIELD BARRACKS — Col. Brian Eifler (right), commander, 3rd Brigade Combat Team, 25th Infantry Division, pins a Meritorious Service Medal on Chief Warrant Officer 4 Reginald Bell (second from left), who received the award for 25 years of service during a retirement ceremony, Sept. 12.



Photo courtesy of 25th Infantry Division

Soldiers with the 25th Infantry Division are recognized for their years of service during a retirement ceremony, Sept. 12.

### Change, emerging trends, networking highlight Signal Week

CRISTA MARY MACK

311th Signal Command (Theater) Public Affairs

FORT SHAFTER — Signaleers from through-Week, a series of events dedicated to commemorating the Signal Regiment's history.

The 311th Signal Command (Theater) and U.S. Army-Pacific hosted the annual event.

The week kicked off with a golf scramble, followed by a two-day Signal Leaders Confer-

The forum focused on Armywide changes, tactical and technical changes and advancements in the Signal Corps and related changes in the civilian sector of information technology

Throughout the week, signal leaders discussed topics ranging from emerging mission requirements of Army Cyber Command to the Signal Corps Regimental Association, which connects the Army Signal community with civilian partners and key leaders around the world.

"The work that is being done here in the Pacific, to deliver capabilities throughout the theater area of operation, is essential and absolutely assists the Army in its worldwide mission," said Maj. Gen. James Walton, commander, 311th Sig. Cmd.

"Although the Pacific is vast in terms of distance, language and cultural differences, to be

as effective as we can on behalf of our fellow warfighters, we need to understand the context of this mission, then move on to more sigout the Pacific and the globe connected in nal-centric discussion topics, ending with some Hawaii for the 2012 Signal Corps Regimental great break-out discussions," said Walton of the conference.

"This week's events are a real opportunity to understand both inside and outside the region, (and) to do some networking, which is one of the greatest values of these types of events," Walton added.

The week culminated with a Regimental Ball that evening at the Hilton Hawaiian Village,

"Team Pacific has a reputation of being an outstanding team of professionals as one of the premier Army Signal theaters," said keynote speaker Command Sgt. Maj. Gerald Williams, senior enlisted leader, Network Enterprise Technology Cmd.

"Our nation is truly proud of the great leaders, Soldiers and civilians who take care of our Army each and every day," Williams said.

"On behalf of Maj. Gen. (Alan) Lynn (commander, NETCOM) and the entire NETCOM team, I want to thank each and every one of you for your hard work, dedication and personal sacrifices that you and your family make on a daily basis," Williams said. "We cannot repay you enough for what you do."



Spc. Nikko-Angelo Matos | 311th Signal Command (Theater)

HAWAI'I ARMY WEEKLY

ACS offers budget, credit counseling

AMY COMBUTSERVIE
Now Robots

ACS offers budget, credit counseling

ACS offers budget cou

SCHOFIELD BARRACKS — On a typical day, the Directorate of Family and Morale, Welfare and Recreation's Army Community Service supports more than 40 requests for financial and employment readiness program support.

The growing need for the most basic advice is being addressed. ACS's Financial Readiness Program, or FRP, is designed to take a proactive approach to financial counseling. FRP is using accredited financial counselors and providing timely advice and support about new consumer protection programs.

"Before Soldiers and family members find themselves in a bad situation, our services are here to provide individual family counseling," said Robin Sherrod, deputy director, ACS. "Five years ago, this was a huge problem, but education is now the key."

#### Begin with a Budget

FRP counselors instruct everyone to begin with a budget. Establishing and maintaining a budget is priority one said Creva Rooney, financial counselor, FRP, ACS.

"Keep the budget visible, and be open about it," she said. Fellow financial counselor Jody Van Wyhe offered another tip to stay out of debt.

"Establish a \$1,000 emergency saving fund, as quickly as possible, as a good way to stay out of trouble," said Van Wyhe. "Emergencies are a part of living, and by having an emergency fund you will be prepared."

#### Be on 'Financial Guard'

Still, some unique longstanding financial challenges impact service members, Sherrod noted. Soldiers and family members are special targets for predators, both near their duty station and through online scams, she said. Support is available, though, straight from our nation's capitol.

Recently, Mrs. Holly Petraeus, assistant director, Servicemember Affairs, Consumer Financial Protection Bureau, gathered feedback and offered advice during visits to more than 30 military installations, including Schofield Barracks. Her staff identified several recurring financial issues that plague service members.

**Cramming.** Most consumers don't know when charges are "crammed" on their bills. Cramming is the illegal placement of unauthorized charges on a consumer's monthly phone bill, and crammers often avoid detection by charging a small amount

to each consumer, as little as \$1.99 per month. These charges, for example, can be disguised as services from a phone company, such as voicemail or web services.

Get more details about cramming at www.fcc.gov.

Predatory Lending. The number of service members affected by predatory lending is hard to measure, partly due to the embarrassment that follows. Predatory loans are usually small, short-term arrangements designed to bridge cash-strapped borrowers until their next paycheck. These expensive, high-interest loans often cost \$10 to \$44 dollars, per week, per \$100 dollars borrowed, plus

fees.

When original payment due dates are missed and rolled-over to the next payday, multiple rollovers lead to a situation wherein many service members cannot pay off the loan.

The Military Lending Act, however, provides some protection against predatory loans. The MLA caps payday loans, auto title loans and tax refund anticipation loans at an annual rate of 36 percent for active duty military and their dependents. Yet, the average payday loan is actually about 390 percent, said Petraeus.

Car Loans. Petraeus advises military personnel to

be on guard when they walk onto a car lot.

"You have these car places that spring up around military installations, selling used cars for a very marked-up price, and then putting high financing on top of that," she said.

Military personnel can be especially vulnerable customers because they're young and often have a limited or negative credit history. More information about purchasing a vehicle is available at www.edmunds.com.

**Affordable Mortgages.** Recent changes to the federal Home Affordable Modification Program allow military homeowners and others who are permanently displaced by a job-related move to still qualify as owner-occupants for a HAMP mortgage modification. New criteria states that a borrower may qualify if he or she meets certain criteria:

•Is displaced due to an out-of-area job transfer, such as a permanent change of station, and occupied the home as a principal residence immediately prior to the displacement;

Intends to return to the home at some point in the future; and
Does not own any other single-family real estate.

Military personnel and others may also qualify for a short sale through the Treasury's Home Affordable Foreclosure Alternatives Program, or HAFA. Get more details at

www.makinghomeaffordable.gov.

For-Profit Colleges. Military personnel and their families are finding themselves under siege from for-profit colleges, according to Petraeus. A number of universities focus on members of the armed forces with aggressive and often misleading marketing, she said, and then they provide little academic, administrative or counseling support once stu-

Colleges have a strong incentive to enroll service members and veterans, in large part, because of the "90-10 rule" created by 1998 amendments to the Higher Education Act. Put simply, the rule says that a for-profit college must obtain at least 10 percent of its revenue from a source other than Title IV education funds, the primary source of federal student aid.

Funds from tuition assistance and the G.I. Bill are not defined as Title IV funds, so they count toward the 10-percent requirement, just like private sources of financing. Get more details at www.consumerfinance.gov.

#### Be informed

dents are enrolled.

ACS conducts weekly First Term Financial Training and provides a variety of financial fitness classes for more than 1,600 customers, and more than 200 walk-in clients, every month.

To learn more about budgeting, credit and investing, talk with an accredited ACS financial counselor at 655-4227.

#### Resources

Get more information about the Consumer Financial

Protection Board at http://consumerfinance.gov.
Call ACS at 655-4ACS (4227) or to see a listing of financial readiness classes, visit www.himwr.com/financial-manage ment.





Retro City Party — Come dressed in your favorite retro outfit, 9p.m., Tropics Warrior Zone.

Who will win the prize for the best rendition of Madonna?

Men, how's your Michael Jackson impersonation? Call 655-5698.

**Hawaiian Luau Lunch Buffet**  Enjoy a Hawaiian luau lunch buffet every last Friday of the month at Mulligan's Bar and Grill, FS, or Kolekole Bar and Grill, SB. Call 438-1974 (FS) or 655-0660 (SB).

#### 30 / Sunday

NFL Sunday Ticket Kickoff — Come to the Tropics on Sundays and catch all the games. Facility opens a half hour before the first game starts. Patrons 18 and older are welcome; call 655-5698.

Sunday at the Clubs — Enjoy Sunday breakfast at the SB Kolekole Bar and Grill from 9 a.m.-1 p.m., or Sunday brunch at the dining room at the FS Hale Ikena, 10 a.m.-1 p.m. Call 655-4466 (SB) or 438-1974 (FS).

#### October 1 / Monday

Monday Night Football — Enjoy \$5 football pupu platters and prizes at the SB Nehelani. Event is open to all ages. Mongolian barbecue starts at 5 p.m., Mondays. Call 655-

#### 5 / Friday

Kolekole Rocktoberfest — A taste of Germany and a thirst for Rock and Roll highlights the annual Rocktoberfest at SB Kolekole Bar and Grill, Oct. 5. Enjoy food, drinks and entertainment with no cover charge at this adults-only event. Call 655-4466.

#### **Ongoing**

Keiki Night — Every Wednesday night, kids under the age of 10 can eat from the keiki menu for only \$2.99, 5-8 p.m., at the SB Kolekole Bar and Grill and FS Mulligan's Bar and Grill. Call 655-0660 (SB) or 438-6712 (FS).

The "A" Game — Keiki 18 years of age and under can bowl one free game for every two As they receive on their report card. Offer valid 30 days from report card issuance.

Call 438-6733 (FS) or 655-0573

#### **SURVIVOR OUTREACH**



### Gold Star Mother's Day offers Punchbowl lei remembrance

#### U.S. ARMY GARRISON-HAWAII

**Public Affairs** 

HONOLULU — More than 30 Gold Star Mothers will participate in a Lei of Honor and Remembrance ceremony, 11 a.m., Sept. 30, at the National Memorial Cemetery of the Pacific, here, in commemoration of national "Gold Star Mother's Day."

During the ceremony, a 10-foot ti leaf lei, created by the participants, will be placed at the base of the Lady Columbia statue. Also, boots of the fallen sons and daughters of the participants will be placed on the steps of the Punchbowl fountain during the brief ceremony.

Traditionally, the last Sunday in September is the day that recognizes and honors all Gold Star mothers. In 1918, President Woodrow Wilson approved the wearing of black armbands bearing a gold star by individuals who had a family member who had died in military service to the U.S. The gold star distinguished these wearers from family members who wore a blue star, which signified a family member was serving on active duty in the

The blessing ceremony and commemoration is occurring at the base of the Lady Columbia because the monument represents all grieving mothers of the U.S.

Lady Columbia watches over the fallen who lie in the cemetery.

Engraved at the monument's base are the words of President Abraham Lincoln in a letter he had written to Mrs. Lydia Bixby of Boston, during the height of the Civil War. She had lost five sons to the Civil War.

"...I feel how weak and fruitless must be any word of mine which should attempt to beguile you from the grief of a loss so overwhelming. But I cannot

refrain from tendering you the consolation that may be found in the thanks of the republic they died to save.

"I pray that our heavenly father may assuage the languish of your bereavement, and leave you only the cherished memory of the loved and lost, and the solemn pride that must be yours to have laid so costly a sacrifice upon the altar of freedom."

President Abraham Lincoln

The Lei of Honor and Remembrance ceremony, coordinated through the Directorate of Family and Morale, Welfare and Recreation's Army Community Service and its Survivor Outreach Services program, invites all Gold Star mothers and family members of service members who have died while in service to our nation to participate.

New Gym Hours — New HMR and AMR physical fitness center hours are 6 a.m.-9 p.m., Monday-Friday, and closed Saturdays, Sundays and holidays. Call HMR at 653-0719 and AMR at 836-0338.

New Menus — New menus are now available at the Kolekole Bar and Grill, SB, and Mulligan's Bar and Grill, FS. Call 655-4466 (SB) or 438-1974

Auto Detailing — The SB Auto Skills Center specializes in tinting and full-vehicle detailing. Call 499-7633.

**Garrison Sports Office Reloca**tion — The USAG-HI Sports, Fitness and Aquatics Branch Office has moved from the Kaala Community Center to the first floor, Bldg. 690 (next to the EEO Office), SB.

has moved to a new facility at 435 Ulrich Way, Bldg. 2110 (right behind the SB ACS building). ODR is open 8:30 a.m.-5:30 p.m., Tuesdays-Saturdays. Call 655-0143.

Mongolian Barbecue — Dinner is served starting at 5 p.m., Mondays, at Kolekole Bar and Grill, SB, and Thursdays at Mulligan's Bar and Grill, FS. Cost is 65 cents per ounce. Call

### Community Calendar

Send announcements a week prior to publication to community@ hawaiiarmyweekly.com.

#### 29 / Saturday

Blue Angels — This weekend's Kaneohe Bay Air Show, Sept. 29-30, features the U.S. Navy's Blue Angels. Visit www.kaneohebayairshow.com.

#### **National Take Back Initiative**

– Turn in your unused or expired medications for safe, anonymous disposal, 10 a.m.-2 p.m., Sept. 29, at the Schofield Exchange, near the Flower

Other NTBI locations include the Pearl Harbor Navy Exchange main lobby, Mililani Town Center's bandstand area and Hawaii State Capitol's South King Street side.

#### 30 / Sunday

**Gold Star Mother's Day**  Gold Star mothers and family members will present a Lei of Honor

8th TSC: 8th Theater Sustainment

Command

25th ID: 25th Infantry Division

ACS: Army Community Service

AFAP: Army Family Action Plan

Calendar abbreviations

and Remembrance ceremony at the base of the Lady Columbia statue, 11 a.m., Sept. 30, at Punchbowl cemetery as part of the national Gold Star Mother's Day observance.

A blessing ceremony and words of remembrance will be provided. The public is invited. Call 438-9285.

> **WAAF Service** The Lutheran/Episcopal worship service returns to Wheeler Army Airfield

#### Chapel, Sunday, 9 a.m. October

1 / Monday

New Boat Storage Lot — The SB Auto Skills Center is accepting applications for RV, boat and Jet Ski storage, beginning Oct. 1. The \$40 monthly stall fee can be purchased at the Auto Skills Center, Bldg. 910, at the corner of Lyman and Duck roads.

Valid government ID, state registration for boat and trailer, proof of both safety check and insurance are required. Call 655-9368.

#### 4 / Thursday

Flu Vaccine — Tricare beneficiaries can receive their flu vaccination

ASYMCA: Armed Services YMCA

BCT: Brigade Combat Team

Co.: Company

BSB: Brigade Support Battalion

CYSS: Child, Youth and School Services

EFMP: Exceptional Family Member Pro-

for the 2012-2013 flu season Oct. 4 and 5, 9 a.m.-2 p.m., at the Pearl Harbor Navy Exchange. The vaccination will be available at other installation exchanges throughout the month. Visit www.tamc.amedd.army.mil/flu or call 433-1FLU (1358).

#### 11 / Thursday

Closure — The Schofield Barracks Health and Fitness Center will be closed Oct. 11-Jan. 15, 2013, for renovation. Group exercise classes will be moved to the Martinez PFC, Bldg. 488, SB. Call 655-8789/8007.

#### 13 / Saturday

SB Flu Vaccine — Tricare beneficiaries can receive their flu vaccination for the 2012-2013 flu season 9 a.m.-2 p.m., Oct. 13, at the SB Exchange.

#### **Ongoing**

**AFAP Conference Issues** — Coordinators of the Army Family Action Plan are now seeking community issues for consideration at the upcoming conference, Oct. 29- Nov. 2.

AFAP is for the entire Army family of Soldiers, family members, Depart-

ment of the Army civilians, retirees, National Guard, Reservists and survivors. Submit issues at www.mwrhi.com.

#### **Schofield Traffic Delays**

— The Hawaii Department of Transportation has announced the closure of the Wahiawa Bridge, for approximately six weeks. The southbound (Honolulu-bound) lane is open for passenger vehicle traffic, emergency vehicles and school buses, only, from 5-9 a.m., Mondays through Fridays, excluding holidays for the duration of the project.

Motorists should anticipate traffic delays on Wilikina Drive, Kamehameha Highway, H-2 and Kunia

Children's Waiting Room -The ASYMCA Children's Waiting Room offers on-site child care for healthy children whose parents or siblings have medical appointments in any of the Schofield clinics or at TAMC. No

fee is charged. Donations are encour-

SB weekday hours are 8 a.m.-noon and 1-4 p.m.; TAMC hours are 8 a.m.-3 p.m.

Call 433-8410, SB, or 833-1185,

SKIES: Schools of Knowledge,

TAMC: Tripler Army Medical

Center

### Inspiration, Exploration and Skills

USAG-HI: U.S. Army Garrison-Hawaii USARPAC: U.S. Army-Pacific

No shows on Mondays or Tuesdays.

worship Services

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu.)

Aliamanu Chapel Fort DeRussy Chapel Helemano Chapel HMR: Main Post Chapel, Schofield Barracks

Aloha Jewish Chapel, Pearl Harbor Soldiers' Chapel,

Schofield Barracks TAMC: Tripler Army Medical Center Chapel

WAAF: Wheeler Army Airfield Chapel

#### **Buddhist Services** •First Sunday, 1 p.m. at FD •Fourth Sunday, 1 p.m. at MPC

Annex

**Catholic Mass** •Thursday, 9 a.m. at AMR ·Saturday, 5 p.m. at TAMC,

WAAF •Sunday services:

- 8:30 a.m. at AMR -10:30 a.m. at MPC Annex

-11 a.m. at TAMC •Monday-Friday, 11:45 a.m. at

MPC and 12 p.m.TAMC **Gospel Worship** 

#### •Sunday, noon. at MPC

•Sunday, 12:30 p.m. at AMR **Islamic Prayers and Study** 

#### •Friday, 1 p.m. at MPC Annex •Friday, 2:30 p.m., TAMC

•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex Jewish Shabbat (Sabbath)

•Monday, 6 p.m. at PH (Bible Study) •Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca) •Friday, 7 p.m. at MPC Annex

**Protestant Worship** 

 Sunday Services -9 a.m. at FD, MPC and TAMC chapels

-9 a.m. at WAAF chapel, Lutheran/Episcopalian -10 a.m. at HMR

-10:30 a.m. at AMR

Single Soldiers' Bible Study •Wednesday, 11:30 a.m. at SC; lunch is provided.

**Worship Service** •Sunday, 6 p.m. at SC.

### This Week at the Sgt. Smith Theater

Call 624-2585 for movie istings or go to aafes.com under reeltime movie listing.

#### Ice Age: **Continental Drift**

(PG) Fri., Sept. 28, 4 p.m.

#### **Total Recall**

(PG13) Fri., Sept. 28, 7 p.m

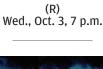
#### Diary of a Wimpy Kid: **Dog Days**

(PG) Sat., Sept. 29, 4 p.m.

#### **Brave** (PG)

Sat., Sept. 29, 7 p.m. Sun., Sept. 30, 2 p.m.

Ted





#### The Dark Knight Rises

Thurs., Oct. 4, 7 p.m. PFC: Physical Fitness Center gram AFTB: Army Family Team Building FMWR: Family and Morale, Welfare and SB: Schofield Barracks WAAF: Wheeler Army Airfield AMR: Aliamanu Military Reservation

IPC: Island Palm Communities

Recreation

HMR: Helemano Military

Reservation

FS: Fort Shafter

FRG: Family Readiness Group

### JROTCs compete with ceremonial drill precision skill

Story and photo by

**STAFF SGT. MARY ANGELA VALDEZ**8th Theater Sustainment Command Public Affairs

JOINT BASE PEARL HARBOR-HICKAM — Competitive energy was insulated by the cloudy skies above, here, as 17 high schools rallied their team pride at a Junior Reserve Officer Training Corps competition.

Sergeant Audie Murphy clubs from 25th Infantry Division and Tripler Army Medical Center unified their vigilant judging eyes to evaluate the competition for precision and unison in the art of drill and ceremony.

Novice, sonic-like JROTC eardrums nervously tried hard not to anticipate preparatory commands. But all flaws were noted, scored and tallied by SAMC.

"Left, face; about, face; present, arms," echoed various command-toned JROTC voices, loudly.

The atmosphere resurrected distant memories from basic training for most SAMC judges as they shared stories during their break time.

"As a volunteer judge for SAMC, I think it was really impressive to see the drill teams from different branches competitively motivated to be No. 1. Their motivation was certainly contagious," Sgt. Rhobbie Palero, executive administrator for the chief of staff, 8th Theater Sustainment Command, stated, as she

relaxed her tired feet

Proud parents attentively followed each beat of their sons' and daughters' 30-inch, rhythmic marching steps. They attentively watched commitments being made on the parade field.

One proud parent, in particular, stood out from the rest. Retired Col. Douglas Jackson, senior Army JROTC instructor, Kahuku High School, was not only present to lead his Kahuku team, but also to cheer on his 14-year-old daughter, Cadet Seamen Apprentice Denali Jackson from Kalaheo High School.

"It will be pretty awkward at home if they beat us," Douglas said, jokingly.

"I feel pretty prepared. I think it's cool he instructs for Kahuku. It makes me want to try harder," Denali said, confidently.

Fast forward to the outcome, where awkwardness could have been presumed for the Douglas household, later that evening.

Daughter Denali's Kalaheo team led the way in the competition with three first place trophies, one third place and the coveted overall trophy.

Sgt. 1st Class Keneidra L. Hargrove, SAMC

president USAG-HI, said, "A true testament of selfless service (is) giving back to the community by encouraging our youth to strive for-

greatness, whether it is joining the armed ser-

vices or being a professional in the civilian



Cadet Seamen Apprentice Denali Jackson (second from left) and the rest of her drill team from Kalaheo H.S. pause their routine during the JROTC competition, held Sept. 15, and hosted by Sgt. Audie Murphy clubs.

See more photos at:

hawaiiarmyweekly.com



### 'Odyssey' offers insights for job searches, Oct.9-12

YOLANDA JOHNSON Army Community Service

SCHOFIELD BARRACKS — A one-of-a-kind opportunity for job seekers, designed to provide important tools for success from resume writing workshops to computer training, is coming to Schofield Barracks during Employment Odyssey Week, Oct. 9-

The event will lead up to Career Fair 2012, from 10 a.m.-1 p.m., Oct. 12, at the Nehelani, Schofield Barracks, where critical connections with employers and possible on-site job interviews will be held.

Sponsored by U.S. Army Garrison-Hawaii, through the Employment Readiness Program, Army Community Service, Directorate of Family and Morale, Welfare and Recreation, the three-day training provides assistance to military spouses in acquiring skills, networks and resources that will help them develop a career-work plan.

Services are free to Soldiers, spouses, retirees, reservists and relocating Department of Defense civilian personnel.

#### ACS Career Fair

Career Fair 2012 will be held at the Nehelani, Schofield Barracks, 10 a.m. -1 p.m., Oct. 12.

Job-seekers may call the ACS Employment Readiness Program at 655-4227 or register at www.HiMWR.com.

#### Army ERP The ACS

The ACS Employment Readiness Program offers employment counseling, assistance in job search and job skills training, among other services.

The ACS mission is to "assist commanders in maintaining readiness of individuals, families and communities within America's Army by developing, coordinating and delivering services that promote self-reliance, resiliency and stability during war and peace."

Employment Odyssey Week is a unique concept intended to provide critical assistance in the highly competitive job market. The week's theme is "An Eventful Journey for Employment Opportunities."

Each day will focus upon what applicants need to know to land a federal job. Employment Odyssey Week builds up to Career Fair 2012, an opportunity for job seekers to use their newly acquired knowledge.

"Get Fit With Your Federal Resume" is being offered on the first day of Employment Odyssey Week, Oct. 9, with guest speaker Kathryn Troutman, founder and president of The Resume Place, Inc.

Other presentations will include "Dress for Success: Trends and Fashion for Employment" and "Computer Training and Interview Skills."

### 'Community Day' aids museum, school

ISLAND PALM COMMUNITIES

News Release

SCHOFIELD BARRACKS — With tool belts, paint brushes and shovels in tow, nearly 100 volunteers headed out to four organizations on Oahu to take part in capital improvement and community service projects for Lend Lease's annual Community Day, Sept. 20.

Two of this year's Community Day beneficiaries were the Hawaii Army Museum located at Fort DeRussy in Waikiki and Fort Shafter Elementary School.

"This project is really important because it will allow us to host more and larger student and community groups," said Vicki Olson, executive director of the Hawaii Army Museum Society, the nonprofit group that supports the museum. "We couldn't begin to afford to do this; we're so appreciative of the support from Lend Lease and its subcontractors and vendors."

Volunteers, which included administrative staff and trades people, worked throughout the day to remove an interior wall, perform electrical work to support humidity controls and to preserve the museum's collections. They added a fresh coat of paint to the museum's exterior facade, too.

"This is the first new coat of paint on the exterior of the former coast artillery bunker in more than a decade," said Olson.

"The museum was such great community project for our team to work on," said Mark Frey, project director of Island Palm Communities.

Lend Lease and the Army are partners in Island Palm Communities. Lend Lease manages the development, design and construction of new homes at U.S. Army Gar-

Students at Fort Shafter Elementary School also benefited from Community Day. With grant support from the Lend Lease's U.S. Community Fund, the Clean Water Program, Environmental Division, Directorate of Public Works, U.S. Army Garrison-Hawaii, and Island Palm Communities successfully constructed its second SYN-ERGY Outdoor Classroom.

SYNERGY is an acronym for "Saving Your Nation's Energy," and the classroom will help complement the school's sustainability curriculum.

A nine-foot tall, 3,000 gallon rainwater harvesting tank is the centerpiece of the outdoor classroom; it's surrounded by raised planter

boxes where students grow a variety of plants, including Native Hawaiian species. "The rainwater harvesting system provides a wonder-

ful opportunity to teach kids about conserving one of our most valuable natural resources, and they'll learn about the many benefits of reusing it," said Hayley Diamond of DPW's Clean Water Program.

Volunteers helped install the rainwater harvesting system, construct planter boxes, shovel and haul dirt, install plants and paint.

Community Day is a Lend Lease global initiative that began in 1996. Employees have donated more than 500,000 hours, worldwide, to community projects.



Mark Brown | Island Palm Communities

Volunteers construct a new outdoor classroom for students at Fort Shafter Elementary School that includes a rainwater harvesting system, planter boxes and landscaping.

# Symposium to connect EFMP families, services

OPHELIA BITANGA-ISREAL

Army Community Service

SCHOFIELD BARRACKS — While most garrison services are the same from post to post, community activities and resources can vary widely.

Differences can be particularly challenging when the resources sought are in support of a family member with special needs.

That's why the Army Community Service's Exceptional Family Member Program will be holding its first "Who's Who Symposium," Oct. 5.

EFMP is a comprehensive, multi-agency program designed to address the unique needs of an EFMP family and connect them to supporting services and resources.

More than 100,000 military families have members with special needs, according to the Department of Defense. The number includes spouses, children or dependent parents who require special medical or edu-

cational services.
In Army Hawaii, alone, approximately 5,400 family members have special needs; Tripler Army Medical Center provides support.

The EFMP Who's Who Symposium will bring 30 local resources together, in one location, so that EFMP families can learn about each organization and network with other EFMP families.

"Families with special needs can sometimes feel isolated, especially here in Hawaii where their family support system is usually an ocean away," said Leonard Webster, EFMP coordinator. "Connecting them (EFMP families) with the many resources here in Hawaii can help our EFMP families feel more comfortable, more confident."

Feeling more confident is key. EFMP families express that knowing where to find resources and support helps them feel more prepared to address their family member's special needs, especially if the family recently received a diagnosis for a family member or is new to the area.

"It's all new to us," said a mother visiting the EFMP ACS. "Being in the Army, moving here and finding out about our son's condition ... it can be overwhelming, but at least we have a place to start to point us in the right direction."

Staff from the Hawaii Disability Rights Center, a congressionally authorized system to defend and enforce the human, civil and legal rights of people with disabilities,

and to protect them from discrimination, will attend the symposium. The HDRC helps resolve disputes over implementation of Individualized Educational Programs, or IEPs, in some schools.

Staff from the Special Parent Information Network will also attend the symposium.

The network is a parent to parent organization that provides information and referrals to parents of children and young adults with disabilities.

Several other organizations will participate, including the National Multiple Sclerosis Society, the Autism Society of Hawaii, the Hawaii Association of Behavior Analysis and the Hawaii Branch of the International Dyslexia Association.



Army Community Service offers many programs for its EFMP families. Support groups and workshops are generally offered on the first Tuesday of every month, and recreational activities are offered the fourth Wednesday.

EFMP's "Who's Who Symposium," 10 a.m.-1 p.m., Friday, Oct. 5, at the Bennett Youth Center, Schofield Barracks, is open to the community. Call 655-4227 or visit www.HiMWR.com.

### **TAMC** hosts health summit

STEPHANIE BRYANT

Tripler Army Medical Center Public Affairs

HONOLULU — Tripler Army Medical Center hosted its first behavioral health summit in the Pacific region, recently.

The 2012 Pacific Region Behavioral Health Summit focused on the theme of "Answering the Call: Addressing the Challenges of Behavioral Health within the Pacific Rim."

Dr. David Brown, chief, Behavioral Health, Pacific Regional Medical Command, opened the summit by discussing the importance of knowledge sharing. Brown said, as a child, he



Air Force Tech. Sgt. Michael Holzworth | Department of Defense

Brig. Gen. Keith Gallagher, commander, Pacific Regional Medical Command and Tripler Army Medical Center, addresses attendees at the 2012 Pacific Region Behavioral Health Summit, Sept. 13-14. The summit was the first gathering of behavioral health providers in the Pacific region.

learned about Hermann von Helmholtz, a German physicist, and his ideas about the creative process.

"As we learn our crafts and our skills, we saturate ourselves with knowledge," Brown explained. "The knowledge incubates and, after awhile, you have that eureka moment."

Presentations and discussions were held during the two-day gathering, covering areas ranging from resiliency and suicide prevention to post-traumatic stress disorder and mild

traumatic brain injuries.

Brig. Gen. Keith Gallagher, commander, PRMC and TAMC, echoed Brown's message about the importance of knowledge sharing to combat behavioral health issues.

"Because you are here signifies how important behavioral health is ... (as well as) your desire to effectively treat the various diseases that our service members, our families and our veterans are going through," Gallagher said. "It also signifies your thirst for knowledge.

"The Army continues to put forth great effort, great intellect and funding in order to mitigate some of the effects of some of the challenges (our military) faces today," Gallagher added.

At the summit, Air Force, Coast Guard, Marine, Navy, local hospital and university behavioral health providers gathered to share knowledge and discuss the latest tactics, strategies, technologies, systems, treatments, processes and services for patient care.

Due to the region's geography, the Pacific has additional challenges obstructing its efforts that other geographic areas of responsibility do not. In an effort to overcome these challenges, PRMC has embraced tele-health, and it has become an important resource for providers, especially those who work in behavioral health.

"Tripler really is leading the way in tele-behavioral health," said Karl Kiyokawa, vice president, Hawaii Operations, TriWest Healthcare Alliance. "I had an opportunity to observe a pilot program (for behavioral health) and to sit behind the providers as they did the (video teleconferences). I (also) talked to the Soldiers and the providers. The growth and evolution of (the tele-behavioral health) program is just phenomenal."

In addition to current services, treatments and technologies, the summit allowed providers to work together to identify areas for future research on the spectrum of behavioral health and its impact on service members, veterans, families, caregivers and health care providers.

As the providers looked to future initiatives, the key focus stays on reaching the beneficiaries who need them.

"When you get injured, shot or blown up, you can see those wounds, but many of our Soldiers are hiding wounds from the tragedies they have experienced and the fighting they have done," Gallagher said. "What we have got to do is, get them to come forward and talk about that with us. Once they start talking about it, the healing begins."

# Fort Shafter softball captain powers All-Army to championship

Story and photos by **TIM HIPPS** 

Installation Management Command Public Affairs

FORT SILL, Okla. — A new pitcher, a rookie slugger and a hard-hitting corps of veterans helped the All-Army men end All-Air Force's mini-dynasty at the 2012 Armed Forces Softball Championships played Sept. 16-20, here.

All-Army won the tournament by virtue of a head-to-head tiebreaker with All-Air Force.

All-Marine Corps and All-Navy both went 2-7 in the triple round robin tournament.

Sgt. 1st Class Clayton Shaw, 32, of Fort Campbell, Ky., moved from the outfield to pitch the All-Army team to seven victories. He hit .611 with six homers and 18 RBI, including a three-run walk-off homer that clinched the gold medal with a 26-10 win over the All-Marine Corps on Sept. 19.

All-Army co-captains Sgts. 1st Class Dexter Avery (.719, 13 HR, 28 RBI) of Fort Huachuca, Ariz., and Michael Dochwat (.719, 10 HR, 24 RBI), artillery instructor, 196th Infantry Brigade, U.S. Army-Pacific, Fort Shafter, were reliable as ever, as was veteran infielder Sgt. 1st Class Lee Diaz of Fort Huachuca.

"It's amazing," Diaz said of Avery, a 14-time All-Army and 11-time All-Armed Forces performer. "Every year, it seems like he's hitting them further and further, and he's getting older and older."

The older Soldiers, however, needed someone to push them past the Airmen.

"It's those rookies and one-year guys who set the tone and get you the gold."

— Michael Dochwat

Artillery instructor, 196th Inf. Bde., USARPAC

"It isn't the veterans that win gold medals, because they are supposed to do what they are supposed to do," said Dochwat, 38, a nine-time All-Army performer and three-time Armed Forces gold medalist. "It's those rookies and one-year guys who set the tone and get you the gold."

All of the aforementioned All-Army players were named to the All-Armed Forces team that will compete in the 2012 Amateur Softball Association National Championships, set for Sept. 28-30 in Oklahoma City.

The Soldiers won the crown for the first time since 2008, making Avery the first five-time Armed Forces gold medal winner in the history of All-Army Softball.

Diaz has struck gold four times, and Rivera as many times as a manager, feats unmatched by any Soldiers besides Avery, 42, who says his 6-foot-2, 240-pound body can play a couple more seasons of All-Army ball.

Dochwat got All-Army going Sunday by going 4-for-4 with three home runs, and Fuss went 4-for-4 with a homer in the Soldiers' 16-10 opening victory over All-Air Force.

"If we took the first one, I knew we wouldn't see each other again until like Game 6, so it allowed us to apply some pressure to them to keep on winning," Dochwat said. "That was our goal, to ultimately put the pressure on them. We don't have a good record against them in gold medal games."

Avery ended All-Army's 23-8 victory over Air Force with a three-run, walk-off homer on Sept. 19, which put the Soldiers in the driver's seat.

All-Army also atoned for losing the 2011 Armed Forces championship to All-Air Force, which rallied from 10 runs down with six outs remaining in regulation, and again from three runs down with two outs in the eighth inning, to win 20-19 in last year's gold medal game.

"To be like a dynasty-type team, you've got to have that five or six core veterans that know what it is like," Diaz said. "We just said we're not going to feel like we felt last year. This is our year to pay back the Air Force for leaving us on the field with a walk-off home run last year.

"This is by far the best hitting team I've been on. We just came together as one. There's no drama. We averaged 25 runs per game, and we've never done that," said Avery.

"It was special to win it on Army turf," Dochwat said. "Fort Sill took care of us from the day we got off the plane."

"Winning the gold is the ultimate prize," Avery concluded. "But I just love coming back and playing with the guys and seeing all the guys from the other services, too. I think that's what keeps me coming back.

"Throughout the year, you don't get to see them and talk to them, so just coming back and doing fellowship with them, that's my high of coming here," Avery added. "It's just a friendship that you make for a lifetime, and you can't beat that."



Col. Paul Hossenlopp (left), commander, Fort Sill U.S. Army Garrison-Fort Sill, and Command Sgt. Maj. Dwight Morrisey (right), senior enlisted leader, USAG-FS, congratulate Sgt. 1st Class Michael Dochwat, 196th Inf. Bde., USARPAC, after the All-Army team wins the 2012 Armed Forces Softball Championship.



Sgt. 1st Class Michael Dochwat, 196th Infantry Brigade, U.S. Army-Pacific, hits one of his 10 home runs in the 2012 Armed Forces Softball Championships at Ft. Sills, Okla., Sept. 16-20. Dochwat batted .719 and had 24 RBI to help lead the All-Army team to the championship.